

CONCEAL, DON'T FEEL

A Twisted Tale

BY JEN CALONITA

Book Discussion Questions

1. Loneliness is a main theme in *Conceal, Don't Feel*. In the film *Frozen*, Elsa chooses seclusion by isolating herself in her room, with Anna right outside the door. In *Conceal, Don't Feel*, Elsa doesn't know Anna, so experiences many things alone. How do these types of loneliness differ? Which do you think is worse?
2. The King and Queen of Arendelle, in order to protect Anna and Elsa, hide the fact that Elsa has magic. How does this both help and hurt Anna and Elsa's relationship?
3. Before Elsa's parents leave, they give her a box that hides a secret. What might happen if the secret wasn't discovered? How else would Elsa have learned about her past and her family?
4. How does Olaf contribute to the story of Anna and Elsa in *Conceal, Don't Feel*? Would Elsa have learned her family secret without him?
5. Hans' role as villain is twisted and involves both sisters in this story. Which sister do you believe is more susceptible to his charms?
6. What emotions trigger and control Elsa's magic?
7. Freya has a personal motto of "be true to yourself". How does she practice this belief in both of her roles in *Conceal, Don't Feel*?
8. The troll, Grand Pabbie, "saves" Anna in this story. In what way did this hurt Anna and Elsa? What would have been a different way to save Anna?
9. How does Kristoff's friendship with Anna evolve in this book? What makes him leave her with Hans?
10. The concept of family in *Conceal, Don't Feel* morphs throughout the story. How does the idea of family change for Anna and Elsa from the beginning of the story to the end?